

Health and Wellness Program Activities Calendar March 2025

Activities subject to change.
Contact Beneficiary Services for confirmation.
1-844-336-3331 (free of charge)
787-999-4411 TTY (audio-disabled)
Monday to Friday from 7:00 a.m. at 7:00 p.m.

Event	Date	Time	Place	Description
Living with anxiety	3/3/2025	9:00 AM	7601_Grupo Medico San Gerardo DVA LBA Medical Services Inc Trujillo Alto Ave Muñoz Rivera 28 Trujillo Alto, 00976	Educational Activity
Breastfeeding	3/3/2025	9:00 AM	OBGYN_Dra Anabelle Ortiz Carr 14 Hospital San Lucas Ponce, 00716	Educational Activity
Depression during Pregnancy	3/3/2025	9:30 AM	HOSP_Dr Federico Trillas Sala de Espera Carretera 3 Km 8 Hm 3 Ave 65 Infanterria Carolina, 00979	Educational Activity
Preeclampsia	3/3/2025	9:30 AM	OBGYN_Dr Jose Martinez Campos 5 Hostos Juana Diaz, 00795	Educational Activity
Education Table-General Health	3/3/2025	10:00 AM	7601_Grupo Medico San Gerardo DVA LBA Medical Services Inc Trujillo Alto Ave Muñoz Rivera 28 Trujillo Alto, 00976	Educational Table

Event	Date	Time	Place	Description
Nutrition in Pregnancy	3/3/2025	10:00 AM	Oficina_Dra Marisol Maldonado Hospital Ryder Font Martelo 355 Humacao, 00791	Educational Activity
Urgency vs. Emergency	3/3/2025	10:50 AM	8817_Centro Salud San Cristobal Juana Diaz- Ginecologia Calle 6 De La Cruz Juana Diaz, 00795	Educational Activity
They Caught Me Stop Bullying	3/3/2025	12:30 PM	7601_Grupo Medico San Gerardo DVA LBA Medical Services Inc Trujillo Alto Ave Muñoz Rivera 28 Trujillo Alto, 00976	Educational Activity
Nutrition in Pregnancy	3/4/2025	8:30 AM	OBGYN_Dr Edward Hernandez Guayama Hospital San Lucas Ave Albizu Campos Urb La Hacienda Guayama, 00784	Educational Activity
Urgency vs. Emergency	3/4/2025	8:30 AM	8803_Corporacion Medica Juana Diaz Inc Calle Comercio 16 Juana Diaz, 00795	Educational Activity

Event	Date	Time	Place	Description
Living with anxiety	3/4/2025	9:00 AM	7601_Grupo Medico San Gerardo DVA LBA Medical Services Inc San Juan Calle San Caludio San Juan, 00902	Educational Activity
Breastfeeding	3/4/2025	9:00 AM	OBGYN_Clinicas MIC Recinto Ciencias Medicas San Juan, 00902	Educational Activity
They Caught Me Stop Bullying	3/4/2025	10:00 AM	7601_Grupo Medico San Gerardo DVA LBA Medical Services Inc San Juan Calle San Caludio San Juan, 00902	Educational Activity
Nutrition in Pregnancy	3/4/2025	10:30 AM	8810_Centro de Servicios Primarios de Salud, Patillas-Área de Obstetricia y Ginecología 99 Calle Guillermo Riefkol Patillas, 00723	Educational Activity
Learn About Alzheimer's Disease	3/4/2025	10:30 AM	3406_Policlinicas Medicas Asociadas El Monte Town Center El Monte Town Center Carr 14 Suite 115 Ponce, 00716	Educational Activity

Event	Date	Time	Place	Description
Education Table-General Health	3/4/2025	11:00 AM	7601_Grupo Medico San Gerardo DVA LBA Medical Services Inc San Juan Calle San Caludio San Juan, 00902	Educational Table
Congestive Heart Failure (CHF)	3/5/2025	8:30 AM	8809_Southern Health Care Group Inc Guayama Calle 3 80 Sur Southern Medical Plaza Guayama, 00784	Educational Activity
Learn About Alzheimer's Disease	3/5/2025	8:30 AM	MH_Clinica Multidisciplinaria INSPIRA Coamo Plaza Shopping Center Carr 150 Km 0 Hm 7 Bo Ildefonso Coamo, 00769	Educational Activity
Depression during Pregnancy	3/5/2025	9:30 AM	OBGYN_Clinicas MIC Recinto Ciencias Medicas San Juan, 00902	Educational Activity
Breastfeeding	3/5/2025	9:30 AM	OBGYN_Dr Edward Gomez Torres Guayama Edif Dr Moro Calle Enrique Gonzalez Esq Calle Calimano Martinez Guayama, 00784	Educational Activity

Event	Date	Time	Place	Description
Living with anxiety	3/5/2025	10:30 AM	MH_Clinica Multidisciplinaria INSPIRA Guayama Calle Marginal 706 Locales 221 222 223 Guayama, 00784	Educational Activity
Prevention of Respiratory Diseases in Infants	3/5/2025	10:30 AM	OBGYN_Dr Sara Montalvo Medina Carr 14 Plaza Las Monjitas Ponce, 00716	Educational Activity
Woman Alert	3/5/2025	10:30 AM	8827_De Medicos Primarios Corp Calle Betances 14 Santa Isabel, 00757	Educational Activity
Hypertension	3/6/2025	8:30 AM	7611_Medicos Aliados del Noreste-Dr Jose Peña Figueroa Centro Clinico del Yunque Calle 4 K 2 Villas del Rio Grande Rio Grande, 00721	Educational Activity
Learn About Alzheimer's Disease	3/6/2025	8:30 AM	MH_Cima Menonita Aibonito Calle Sargento Gerardo Santiago Num 15 Int Carr 14 Aibonito, 00705	Educational Activity

Event	Date	Time	Place	Description
Depression during Pregnancy	3/6/2025	8:30 AM	8820_Centro Salud San Cristobal Villalba- Ginecología 40 Calle Muñoz Rivera Villalba, 00766	Educational Activity
Breastfeeding	3/6/2025	9:00 AM	OBGYN_Clinicas MIC Recinto Ciencias Medicas San Juan, 00902	Educational Activity
Nutrition in Pregnancy	3/6/2025	9:00 AM	OBGYN_Advance OBGYN PSC Cayey Torre Medica Menonita Suite 310 Cayey, 00736	Educational Activity
Importance of Preventive Dental Exam	3/6/2025	9:30 AM	MH_Clinica Multidisciplinaria INSPIRA Rio Grande Las Flores Industrial Park Carr 3 Km 23 Hm9 Rio Grande, 00721	Educational Activity
Healthy Weight - Not a Diet, It's a Lifestyle	3/6/2025	10:30 AM	MMM_Multiclínica Aibonito PRIDCO Industrial Park 53 Calle Felix Ríos #71 Aibonito, 00705	Educational Activity

Event	Date	Time	Place	Description
Diabetes and its Complications	3/10/2025	8:30 AM	7636_Instituto Medico Familiar Carolina Calle Ignacio Arzuaga 105 Esquina San Rafael Carolina, 00979	Educational Activity
Living with anxiety	3/10/2025	9:00 AM	7620_Neomed Center Inc Urb Lago Alto Calle Carite 130 Trujillo Alto, 00976	Educational Activity
Breastfeeding	3/10/2025	9:00 AM	HOSP_Dr Federico Trillas Sala de Espera Carretera 3 Km 8 Hm 3 Ave 65 Infanterria Carolina, 00979	Educational Activity
Prevention of Respiratory Diseases in Infants	3/10/2025	9:00 AM	OBGYN_Dr Jose Martinez Campos 5 Hostos Juana Diaz, 00795	Educational Activity
Flu	3/10/2025	9:30 AM	7636_Instituto Medico Familiar Carolina Calle Ignacio Arzuaga 105 Esquina San Rafael Carolina, 00979	Educational Activity

Event	Date	Time	Place	Description
Depression during Pregnancy	3/10/2025	9:30 AM	OBGYN_Clinicas MIC Recinto Ciencias Medicas San Juan, 00902	Educational Activity
Newborn care	3/10/2025	9:30 AM	OBGYN_Advance OBGYN PSC Cayey Torre Medica Menonita Suite 310 Cayey, 00736	Educational Activity
Breastfeeding	3/10/2025	9:30 AM	OBGYN_Dra Anabelle Ortiz Carr 14 Hospital San Lucas Ponce, 00716	Educational Activity
Living with anxiety	3/10/2025	10:00 AM	7620_Neomed Center Inc Urb Lago Alto Calle Carite 130 Trujillo Alto, 00976	Educational Activity
Living with anxiety	3/10/2025	11:00 AM	7620_Neomed Center Inc Urb Lago Alto Calle Carite 130 Trujillo Alto, 00976	Educational Activity

Event	Date	Time	Place	Description
Living with anxiety	3/10/2025	12:00 PM	7620_Neomed Center Inc Urb Lago Alto Calle Carite 130 Trujillo Alto, 00976	Educational Activity
Diabetes and its Complications	3/11/2025	8:30 AM	7625_Costa Este Medical Services Corp Fajardo F 4 Ave Principal Urb Baralt Fajardo, 00738	Educational Activity
Living with anxiety	3/11/2025	8:30 AM	MH_Clinica Multidisciplinaria INSPIRA Coamo Plaza Shopping Center Carr 150 Km 0 Hm 7 Bo Ildfonso Coamo, 00769	Educational Activity
Hyperthension	3/11/2025	8:30 AM	8809_Southern Health Care Group Inc Guayama Calle 3 80 Sur Southern Medical Plaza Guayama, 00784	Educational Activity
Diabetes and its Complications	3/11/2025	9:30 AM	7650_Servicios Medicos Integrados de Fajardo Ave Osvaldo Molina Esq General Valero (a) Fajardo, 00738	Educational Activity

Event	Date	Time	Place	Description
Depression during Pregnancy	3/11/2025	9:30 AM	0008_Aco Del Norte LLC-Dr Jorge Otero Quintana Edif Dr Pedro Blanco Lugo Suite 305 Manati, 00674	Educational Activity
Prevention of Respiratory Diseases in Infants	3/11/2025	9:30 AM	8810_Centro de Servicios Primarios de Salud, Patillas-Área de Obstetricia y Ginecología 99 Calle Guillermo Riefkol Patillas, 00723	Educational Activity
Depression during Pregnancy	3/11/2025	10:00 AM	Oficina_Dra Marisol Maldonado Hospital Ryder Font Martelo 355 Humacao, 00791	Educational Activity
Congestive Heart Failure (CHF)	3/11/2025	10:30 AM	8827_De Medicos Primarios Corp Calle Betances 14 Santa Isabel, 00757	Educational Activity
Breastfeeding	3/11/2025	10:30 AM	OBGYN_Dr Jose Flores Caban San Juan Torre Medica Auxilio Mutuo Suite 710 735 Ave Ponce De Leon San Juan, 00902	Educational Activity

Event	Date	Time	Place	Description
Do not let your skin burn! Protect yourself from UV Rays	3/11/2025	10:30 AM	MH_Clinica Multidisciplinaria INSPIRA Guayama Calle Marginal 706 Locales 221 222 223 Guayama, 00784	Educational Activity
Urgency vs. Emergency	3/12/2025	8:30 AM	MH_Clinica Multidisciplinaria INSPIRA Coamo Plaza Shopping Center Carr 150 Km 0 Hm 7 Bo Ildefonso Coamo, 00769	Educational Activity
Depression during Pregnancy	3/12/2025	9:30 AM	HOSP_Dr Federico Trillas Sala de Espera Carretera 3 Km 8 Hm 3 Ave 65 Infanterria Carolina, 00979	Educational Activity
Prevention of Respiratory Diseases in Infants	3/12/2025	9:30 AM	OBGYN_Dr Edward Gomez Torres Guayama Edif Dr Moro Calle Enrique Gonzalez Esq Calle Calimano Martinez Guayama, 00784	Educational Activity
Nutrition in Pregnancy	3/12/2025	10:00 AM	OBGYN_Mogic Manati MMC Professional Building Plaza Suite 206 207 Manati, 00674	Educational Activity

Event	Date	Time	Place	Description
Importance of Preventive Dental Exam	3/12/2025	10:30 AM	MH_Clinica Multidisciplinaria INSPIRA Coamo Plaza Shopping Center Carr 150 Km 0 Hm 7 Bo Ildefonso Coamo, 00769	Educational Activity
Depression during Pregnancy	3/12/2025	11:30 AM	0008_Aco Del Norte LCC-Dr Luis Mateo Paseo Atenas Manati, 00674	Educational Activity
Congestive Heart Failure (CHF)	3/13/2025	8:30 AM	MH_Cima Menonita Aibonito Calle Sargento Gerardo Santiago Num 15 Int Carr 14 Aibonito, 00705	Educational Activity
Preeclampsia	3/13/2025	8:30 AM	8820_Centro Salud San Cristobal Villalba- Ginecología 40 Calle Muñoz Rivera Villalba, 00766	Educational Activity
Breastfeeding	3/13/2025	9:00 AM	8831_Salud Integral en la Montaña Inc Orocovis Ginecologia Ave Luis Muñoz Marin Sector El Desvio Carr 155 (b) Orocovis, 00720	Educational Activity

Event	Date	Time	Place	Description
Gestational Diabetes	3/13/2025	9:30 AM	OBGYN_Advance OBGYN PSC Cayey Torre Medica Menonita Suite 310 Cayey, 00736	Educational Activity
Living with anxiety	3/13/2025	10:30 AM	MMM_Multiclínica Aibonito PRIDCO Industrial Park 53 Calle Felix Ríos #71 Aibonito, 00705	Educational Activity
Depression during Pregnancy	3/14/2025	10:00 AM	0008_Aco Del Norte LCC-Dr Luis Mateo Paseo Atenas Manati, 00674	Educational Activity
Breastfeeding	3/17/2025	9:00 AM	OBGYN_Clinicas MIC Recinto Ciencias Medicas San Juan, 00902	Educational Activity
Breastfeeding	3/17/2025	9:00 AM	OBGYN_Dr Jose Martinez Campos 5 Hostos Juana Diaz, 00795	Educational Activity

Event	Date	Time	Place	Description
Gestational Diabetes	3/17/2025	9:30 AM	OBGYN_Judibelle Rivera 33 Calle Baldorioty Coamo, 00769	Educational Activity
Breastfeeding	3/17/2025	10:00 AM	Oficina_Dra Marisol Maldonado Hospital Ryder Font Martelo 355 Humacao, 00791	Educational Activity
Breastfeeding	3/17/2025	1:30 PM	OBGYN_Dr Efrain Vazquez Luna Pavía Medical Plaza 611 Calle Pavía Fernández Suite 205 Santurce San Juan, 00902	Educational Activity
Living with anxiety	3/18/2025	8:30 AM	3406_Policlinicas Medicas Asociadas El Monte Town Center El Monte Town Center Carr 14 Suite 115 Ponce, 00716	Educational Activity
Congestive Heart Failure (CHF)	3/18/2025	8:30 AM	8803_Corporacion Medica Juana Diaz Inc Calle Comercio 16 Juana Diaz, 00795	Educational Activity

Event	Date	Time	Place	Description
Importance of Prenatal Care	3/18/2025	9:00 AM	OBGYN_Dr Edward Hernandez Guayama Hospital San Lucas Ave Albizu Campos Urb La Hacienda Guayama, 00784	Educational Activity
Breastfeeding	3/18/2025	9:30 AM	OBGYN_Advance OBGYN PSC Cidra Calle Francisco Cruz Ahddock 5 Urb Fernandez Cidra, 00739	Educational Activity
Urgency vs. Emergency	3/18/2025	9:30 AM	OBGYN_Nicolas Malaga Hospital Menonita Oficina 305 Aibonito, 00705	Educational Activity
Breastfeeding	3/18/2025	10:00 AM	Oficina_Dra Marisol Maldonado Hospital Ryder Font Martelo 355 Humacao, 00791	Educational Activity
Depression during Pregnancy	3/18/2025	10:00 AM	1101_Centro Medicos Unidos del Oeste-Dra Mabel Bonilla Rodriguez Bo Guanabano Suite 307 Edif Center Plex Carr 2 Km 133 Hm 5 Aguada, 00602	Educational Activity

Event	Date	Time	Place	Description
Congestive Heart Failure (CHF)	3/19/2025	9:30 AM	OBGYN_Clinicas MIC Recinto Ciencias Medicas San Juan, 00902	Educational Activity
Breastfeeding	3/19/2025	10:00 AM	7629_Family Medicine Group-Dr Herminio Olivero National Plaza Suite 1503 San Juan, 00902	Educational Activity
Importance of Prenatal Care	3/19/2025	10:00 AM	4344_Access Medical Group- Dr Jesus Seda Bayamon Medical Plaza Suite 508 Bayamon, 00956	Educational Activity
Breastfeeding	3/19/2025	11:30 AM	OBGYN_Metropolitan Bayamon Calle I 49 Hermanos Davil Bayamon, 00956	Educational Activity
Living with anxiety	3/20/2025	8:30 AM	MH_Clinica Multidisciplinaria INSPIRA Yauco Calle Comercio 55 Yauco, 00698	Educational Activity

Event	Date	Time	Place	Description
Dengue in Pregnant Women	3/20/2025	8:30 AM	8820_Centro Salud San Cristobal Villalba- Ginecología 40 Calle Muñoz Rivera Villalba, 00766	Educational Activity
Depression during Pregnancy	3/20/2025	9:30 AM	OBGYN_Mogic Hatillo Edif Atlantic View Carr 2 Marginal Bo Carrizales 462 Suite 1 Hatillo, 00659	Educational Activity
Depression during Pregnancy	3/20/2025	9:30 AM	OBGYN_Advance OBGYN PSC Cayey Torre Medica Menonita Suite 310 Cayey, 00736	Educational Activity
Congestive Heart Failure (CHF)	3/20/2025	10:15 AM	3406_Policlinicas Medicas Asociadas Yauco Calle Comercio 61 Yauco, 00698	Educational Activity
Breastfeeding	3/24/2025	9:00 AM	7644_Concilio de Salud Integral de Loiza en Rio Grande- Ginecología Bo Las Flores Calle Pimentel #16 Rio Grande, 00721	Educational Activity

Event	Date	Time	Place	Description
Nutrition in Pregnancy	3/24/2025	9:00 AM	OBGYN_Dr Sara Montalvo Medina Carr 14 Plaza Las Monjitas Ponce, 00716	Educational Activity
Breastfeeding	3/24/2025	9:30 AM	OBGYN_Dr Edward Hernandez Guayama Hospital San Lucas Ave Albizu Campos Urb La Hacienda Guayama, 00784	Educational Activity
Breastfeeding	3/24/2025	12:00 PM	7625_Costa Este Medical Services Corp CDT Calle Corchado Final Canovanas, 00729	Educational Activity
Breastfeeding	3/25/2025	9:00 AM	7644_Concilio de Salud Integral de Loiza- Ginecología Carr 188 Int 187 Loiza, 00772	Educational Activity
Breastfeeding	3/26/2025	9:00 AM	OBGYN_Clinicas MIC Recinto Ciencias Medicas San Juan, 00902	Educational Activity

Event	Date	Time	Place	Description
Prevention of Complications in Pregnancy	3/26/2025	9:30 AM	OBGYN_Dr Edward Gomez Torres Guayama Edif Dr Moro Calle Enrique Gonzalez Esq Calle Calimano Martinez Guayama, 00784	Educational Activity
Depression during Pregnancy	3/26/2025	10:00 AM	OBGYN_Mogic Manati MMC Professional Building Plaza Suite 206 207 Manati, 00674	Educational Activity
Gestational Diabetes	3/26/2025	10:30 AM	OBGYN_Dr Sara Montalvo Medina Carr 14 Plaza Las Monjitas Ponce, 00716	Educational Activity
Gestational Diabetes	3/27/2025	9:30 AM	8831_Salud Integral en la Montaña Inc Orocovis Ginecologia Ave Luis Muñoz Marin Sector El Desvio Carr 155 (b) Orocovis, 00720	Educational Activity